



## A South Florida Addiction Care Leader

THERE IS HOPE. WE CAN HELP.  
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BEHAVIORAL  
HEALTH  
OF THE PALM BEACHES, INC.

BEHAVIORAL  
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RECOVERY CENTER  
 FOR **MEN**  
of the Palm Beaches

  
Seaside Palm Beach

Recovery Center  
 *for Women*  
OF THE PALM BEACHES

  
*The Cottages*  
OF THE PALM BEACHES



## **Expert, Customized Treatment for Addiction and Mental Illness**

Behavioral Health of the Palm Beaches is a leading South Florida addiction care provider, spanning four facilities and helping patients recover from all forms of chemical dependency and mental illness. Since our inception, we have achieved continued growth, due in large part to our comprehensive approach to treatment and our diverse menu of care programs. Our goal has been to link patients' lifestyle factors, such as gender, careers and family lives, to their recovery and help them successfully manage the trauma and circumstances that have contributed to their substance abuse.

Each one of our inpatient programs offers compassionate, medically supervised withdrawal management, allowing patients to lay the groundwork for a successful recovery.



# MEN'S REHAB





## **Specialized Addiction and Mental Health Treatment for Men**

The Recovery Center for Men was developed to help men heal from addiction and mental disorder and successfully manage the gender-specific issues that have contributed to their substance abuse. The program offers a full menu of behavioral and activity-based therapies and focuses heavily on helping patients rebuild their strength and develop their trust. Therapies offered at the Recovery Center for Men include, but are not limited to:

- **Group Dynamics**
- **Eye Movement Desensitization and Reprocessing (EMDR)**
- **Fitness and Activity-Based Therapy**
- **Family and Life Skills Therapy**
- **Nature Therapy**

The program also offers group and individualized counseling from some of the nation's leading addiction and mental health professionals.



# WOMEN'S REHAB





## Helping Women Find their Strength and Heal from Addiction

We recognize that women suffering from substance abuse and mood disorder experience their own unique traumas and psychological issues. The Recovery Center for Women is a discrete and compassionate haven for female patients to safely confront their trauma, regain their self-worth and heal from substance abuse. The treatment therapies at RCW are designed to promote confidence, independence and personal strength. In addition to in-depth group and one-on-one counseling, RCW offers a full inventory of therapeutic modalities, including:

- Art and Music Therapy
- Spiritual Therapy
- Meditation
- Nutritional Counseling
- Trauma Therapy

Our female patients have experienced life-changing success during their time at the Recovery Center for Women.





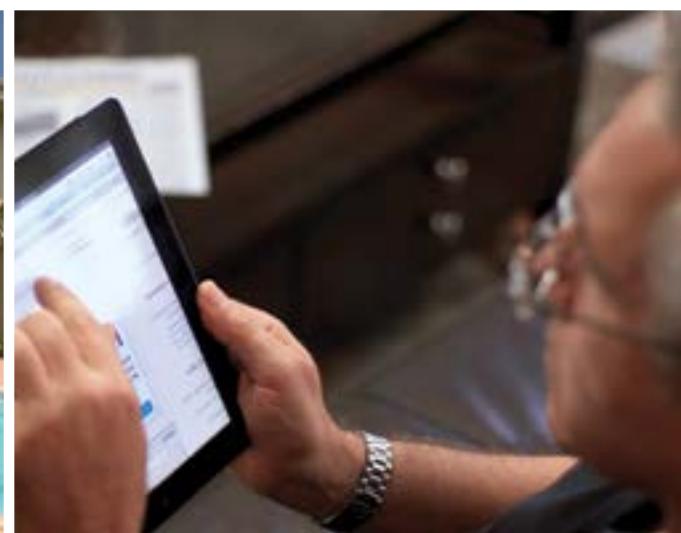
**Seaside Palm Beach**  
LUXURY ALCOHOL & DRUG REHAB

## **Promoting Healing through Comfort and Luxury**

Offered through our Seaside Palm Beach facility, our Luxury Treatment Program was designed to help patients of means heal from addiction and mental illness. In addition to offering some of the best doctors and addiction treatment specialists available, the Luxury Program offers a living environment that rivals many luxury vacation destinations, with amenities like swimming facilities, gourmet meals, daily maid service, concierge, WIFI in each residence and a fully operational business center. Some of the therapies offered through luxury addiction treatment include:

- Massage and Meditation
- Equine-Assisted Therapy
- Spiritual Healing
- Acupuncture and Biofeedback
- Chiropractic Services

Our Luxury Program offers the best of everything and provides patients with an independent treatment experience in which they are free to maintain contact with their family and loved ones.





**Seaside Palm Beach**  
EXECUTIVE ALCOHOL & DRUG REHAB

## **Allowing Patients to Maintain their Careers While in Treatment**

Our Executive Treatment Program is also offered through our Seaside Palm Beach facility and is available to busy professionals who can't be entirely removed from their careers while in treatment. Patients are free to work and communicate with colleagues through laptops, tablets and other electronic devices whenever they're not in treatment. We even encourage our guests to use our state-of-the-art business center to quickly complete any work-related task. The Executive Treatment Program offers the same therapies as our luxury treatment as well as specialized therapy for a variety of professionals, including:

- Impaired Physicians Treatment
- Executive Intervention
- Retired Executive Treatment
- Professional Aviator Treatment
- Executive Outpatient Treatment

Our Seaside Palm Beach facility also offers a specialized program for professional athletes suffering from addiction and mental disorder.



# CO-ED REHAB





## Quality, Comprehensive, Co-Ed Addiction Treatment

Our Cottages facility offers patients a full-service treatment experience and specializes in the treatment of co-occurring disorders. Providing cutting-edge, co-ed treatment for drug and alcohol dependency, the Cottages also offers a family program to help patients reconnect with their loved ones while in recovery. This program educates patients' family members about the disease of addiction and their role in their loved one's recovery. The Cottages offers a full range of addiction treatment services, including:

- Drug and Alcohol Rehab
- Behavior Modification
- Co-Occurring Disorder Treatment
- Relapse Prevention
- Drug and Alcohol Withdrawal Management





## THE BHOPB PROMISE

**Unlike other treatment facilities whose promise is just a commitment to find help for you, BHOPB's promise is to help our patients attain lasting mental health and provide them with the necessary tools to give them the best chance of avoiding relapse in the future.**

**If we are unable to help you or your loved one directly with placement at BHOPB for any reason, we will provide you with a free referral to get you or your loved one on the road to recovery.**

*Some of our insurance providers*





Call us at **800.251.9445**

For more information, visit:  
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