



What to Bring to Treatment

What to Bring

- 2 weeks worth of clothing (under garments, socks etc. comfortable attire is encouraged for physical activity, non-revealing bathing suits for pool time and no inappropriate logos on clothing)
- iPod/mp3 player with no internet capabilities or camera
- Cigarettes (can be purchased by staff if client has the funds)
- Credit/debit card or cash (family members can send check/money to put money on client account)
- Toiletries (shampoo, conditioner, deodorant, hair brush, tooth brush etc.)
- Personal ID
- Insurance card
- Non-narcotic prescription medication
- e-Cigs (only new/sealed cartidges, nothing that the liquid is fillable)

What NOT to Bring

- Vapes (**e-cigs that have sealed cartridges may be brought**)
- Over the counter medication including supplements, creatine, vitamins, powders testosterone etc.)
- Chewing tobacco
- Valuables (jewelry, large amounts of cash)
- Pets
- Pornographic Materials, Adult Sex Toys
- Aerosol Hairspray
- Alcohol or drug products including perfume/cologne (anything containing alcohol in the first 5 ingredients)
- Electronics with internet access includes smart watches (we encourage you to bring cell phones to travel however they will be locked up upon arrival)
- Illegal drugs, Narcotics and Alcohol
- Weapons (knives, guns, razors, scissors, etc)
- Food items (candy included)
- Gaming systems, dvd players, external radios or speakers
- No cameras of any kind