




The Law Enforcement Program

At Behavioral Health of the Palm Beaches, Inc., the police officer is a human being first and then a public safety officer. The Law Enforcement Program

offers all the services of an inpatient detox and rehab program as well as an individualized program for the law enforcement officer. The staff involved with the Law Enforcement Program have backgrounds as police officers in metropolitan police departments and are certified and/or degreed addictions counselors.

The Law Enforcement Program will provide comprehensive services that include:

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- 24-hour crisis intervention hotline
 - Inpatient detox and rehabilitation services
 - Case management
 - Stress management
 - Family program
 - Nutrition and exercise
 - Extended care for alcohol and substance abuse
 - EMDR treatment for post traumatic stress
 - Healthy leisure counseling
 - Drug and alcohol education

In addition, each officer will receive comprehensive education, therapy and counseling on healthy interaction with others, the disease concept of addiction, and the importance of working the 12-step program.



Under most circumstances, your health insurance provides excellent coverage for all medically necessary substance abuse programs at Behavioral Health of the Palm Beaches.

For detox and substance abuse rehabilitation services, post traumatic stress, depression, anxiety, job stress, job jeopardy, family dysfunction from addicted family members, anger management and addictions of all kinds, contact Behavioral Health of the Palm Beaches for evaluation, referral and treatment services.



24-Hour Referral & Counseling Services
1-800-547-4615 • Philadelphia Area Office
1-800-251-9445 • Florida Inpatient Facility

3153 Canada Court, Lake Worth, Florida 33461
Phone (561) 848-1332 Fax (561) 963-3350

For more information, visit our web site at:
www.bhpalmbeach.com



Accredited by the Joint Commission on Accreditation of Healthcare Organizations



Law Enforcement PROGRAM

24-hour Acute and Extended Care
Inpatient Substance Abuse Detox
and Rehabilitation Services

24-hour hotline services for detox and rehabilitation
1-800-547-4615 • Philadelphia Area Office
1-800-251-9445 • Florida Inpatient Facility

Behavioral Health of the Palm Beaches, Inc. is a progressive organization dedicated to providing 24-hour inpatient substance abuse detox and rehabilitation services, confidentially and supportively, to law enforcement personnel and their families.

Law enforcement work has always been a demanding profession. In the last few years as it has become more and more complicated, the stresses of the job have increased to the point where law enforcement officers have some of the highest rates of substance abuse, divorce, family dysfunction, depression and suicide in the country.

Behavioral Health of the Palm Beaches, Inc., has a qualified, professional staff to offer assistance 24-hours a day, 7 days a week, both to get into treatment and then navigate the road to sobriety. All of our services are confidential and our counselors are well versed in job jeopardy and job protection. Our medical staff and certified counselors will not only offer appropriate treatment but will also offer documentation and support throughout the job protection phases. If officers need help with disciplinary action, job termination, or even criminal charges, our staff will work with their union to provide all documentation and testimony at any and all hearings up to and including criminal hearings.

Behavioral Health of the Palm Beaches, Inc., has successfully treated law enforcement personnel including police, fire and corrections officers from all across the United States. Each officer is evaluated to determine the severity of the substance abuse problem and the underlying issues associated with the addiction. The officer is then scheduled into specialty groups, as indicated, including critical incident and trauma counseling as part of their treatment program.



The Law Enforcement Treatment Program for substance abuse inpatient detox and rehab services includes the following:

■ **Law Enforcement Program Lecture Series**

These lectures are especially designed to address issues related to emergency response personnel and their families such as Post Traumatic Stress Disorder, Critical Incident Syndrome and other issues associated with addiction.

■ **Law Enforcement Stress Management**

This is part of the substance abuse education to provide techniques that will reduce everyday stress of individuals who are subjected to and affected by high levels of stress, on a daily basis.

■ **Law Enforcement Group Therapy**

This service is offered to provide a safe and secure therapeutic environment within a group modality for law enforcement officers.

■ **Physical Education**

The overall goal of this experiential training is to increase self-confidence, agility level, and proper physical conditioning.

■ **Law Enforcement Leisure Counseling**

This modality of treatment is designed to provide workshops and group discussions on the best use of leisure time. Law enforcement personnel need to replace negative daily schedules by rekindling or developing positive activities necessary in every aspect of living a sober lifestyle. These include family activities, workplace activity and recovery oriented activities.

There is hope, we can help.



■ **The Wellness Program**

The Wellness Program is specifically designed to assist these professionals and their families cope with the problems incurred by job stress and chemical dependencies. This program will educate and help clients develop a daily program of stress management, which they desperately need for wellness. It will also strengthen them physically, mentally, and emotionally to properly prepare them for emergency response duty.

