

## THE PRESENTERS

### MARLENE CONVEY, MS, MA, CDC

Marlene received a Master of Science degree in Biochemistry from Notre Dame and a Master of Arts degree in Family Counseling from the University of Minnesota. She has specialized training in Chemical Dependency, Food Addiction, and Incest/Molestation. She has been a consultant in these areas in many programs throughout the country. Marlene is currently providing groups to the patients of Behavioral Health of the Palm Beaches, Inc. and has a private practice in North Palm Beach, Florida.

### JOAN MARINEAU, LMHC, CAP, CERTIFIED IMAGO THERAPIST

Joan is a Licensed Mental Health Counselor, Certified Addiction Professional and Certified Imago Therapist. Joan has worked in the mental health field since 1980. She has had the honor of working at such agencies as CARP, South County Mental Health, Palm Beach Institute, and Anon Anew. She opened The Present in 1990 where she created and directed a 5-day experiential retreat. Joan currently has offices in North Palm Beach and Lake Worth, facilitating therapy groups, individual therapy, and couples counseling. She received training in Imago Therapy in 2000 and received her certification in 2002. She remains passionate about the field and is eager for personal and professional growth.

### SHANNON THOMPSON, LCSW

Shannon is a Licensed Clinical Social Worker with a private practice in Lake Park, Florida. Shannon specializes in treating Codependency and has been working with recovering individuals since 1999. She was a staff therapist at The Present for 4 years where she facilitated multiple groups, utilizing techniques such as experiential psychodrama and behavior modification. Shannon received her Bachelor of Arts degree in Psychology from the University of Florida and earned her Masters in Social Work from Barry University.

### JOHN F.X. WARBURTON, LCSW, CERTIFIED IMAGO THERAPIST

John is a Licensed Clinical Social Worker, Psychotherapist, and Certified Imago Therapist. John has had a private practice in West Palm Beach for the last 16 years. He is a graduate of Fordham University Graduate School, of Social Services, and has worked locally for the Community Mental Health Center, Head Start, Jewish Federation, and Catholic Charities. John F.X. has provided group therapy to the residential patients at Behavioral Health of the Palm Beaches, Inc. John has been married for 29 years and has four grown children.

### TONYA MENZ PIGNATO, LCSW, CAP

Tonya is a Licensed Clinical Social Worker and a Certified Addiction Professional. She has a private practice in Lake Worth, Florida, where she specializes in codependency, addictive families, depression and trauma. Tonya has worked in the Mental Health and Addiction field since 1990 in Florida and prior to that in the state of West Virginia. Tonya facilitates group, individual, and couples therapies using a variety of approaches including experiential exercises, mirroring, and Rogerian techniques that provide a supportive environment for individuals to grow. She believes in a holistic approach to life and therapy.



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AND CARING SUPPORT  
TOGETHER.

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*"It has become increasingly evident how important it is for those who are in a significant relationship with the primary patient to be involved in the treatment process. Recovery rates are significantly impacted in a positive way when family members are involved in the process."*

Donald K. Mullaney, Ph.D, LCSW, CAP  
Founder of Behavioral Health of the Palm Beaches, Inc.

# FAMILY WEEK



BEHAVIORAL  
HEALTH  
OF THE PALM BEACHES, INC.



*A tranquil setting*

It has long been recognized that the individual suffering from alcohol/drug addiction and/or chronic mental health problems is part of a family system. That system may include family of origin, family by marriage, employer, legal professionals and others who may be involved with and affected by the patient.

Treatment programs have been shown to be of great benefit to recovery and to the regaining of health and balance lost to the addict. Included in treatment is education, work with qualified clinicians and aftercare/relapse prevention planning. Involvement of the addict's family member(s) has also proved to be of great importance in the treatment process.

History indicates that family members have also been affected—not only by the illness of the chemically dependent person but also by the personal cost of addiction to themselves. Some of the means by which family members have had to learn to cope with a difficult situation have created stress, financial pressures, health problems, fears and feelings of helplessness and hopelessness.

## THE PROGRAM

Behavioral Health of the Palm Beaches, recognizing that families need information and support, has created a five day experience involving experts in several fields. They will be providing education, group therapy and a supportive environment in which to identify and begin to dissolve problems unique to each family member. Through lectures and groups, participants will have the opportunity to learn about such topics as the biological features of the disease and the different role each family member plays in the addiction cycle and in the road to recovery. All patients are strongly encouraged to involve the important people in their lives in the Family Week process.

*Families receive information and education*



*Families grow together*

## SPECIFICS

Family Week at BHOPB is held Monday through Friday, usually every three weeks. The daily hours are 8:30 AM until 5:00 PM. Attendance on all five days is important for the experience to be of value to families and to patients.

The schedule for the current year is posted on our web site at [www.bhopb.com](http://www.bhopb.com) or is available by calling 561-966-5128. It is held at our facility in Lake Worth, Florida.

BHOPB patients are involved for one hour on each of the five days. On Friday, conjoint sessions are held with the patients, their therapists and those member(s) of the family attending Family Week.

Should you have further questions about or interest in our Family Week program, please contact us at: 561-662-1605. We can provide you, by fax, mail or email, with details about hotels, car rental, directions, etc. Although there is no charge for the program, we do not provide transportation, lodging or most meals.



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